Lesia Cartelli, Founder/CEO, Author, burned at the age of nine in a gas explosion, envisioned healing, skill-building retreats and aftercare programs for girls and women that have endured disfiguring burns and trauma.

Fill your heart by supporting us:

Angel Faces is a 501c(3) nonprofit organization. Our Federal Tax ID# is: 20-5718594

For detailed information regarding application forms and guidelines, fees/scholarships, and upcoming retreats visit angelfaces.com
Our programs focus on building resilience, addressing post-traumatic growth from traumatic injuries within a holistic framework of mind, body and spirit.

**Level I Retreat**

The curriculum aids in teaching adolescent girls how to improve their self-image by identifying their resilience while embracing their trauma and related disfigurement. Group sessions lead by licensed psychologists identify issues surrounding grief and loss, followed by methods to facilitate emotional healing through verbal expression, journaling and art therapy. Level I offers a springboard for leaving the traumatic event behind and building their future.

**Level II Retreat**

Provides leadership and mentorship training for young women with emphasis on awareness and management of self, social mindfulness and coping methods of looking different. Attendees engage in interactive physical experiences, trauma informed education, group discussions and goal setting.

**Mentorship & Support**

Leaders prepare our participants in teaching mentoring skills allowing them to give back to our organization, strengthening our ongoing support for current and future attendees. Our mentors share practical experiences, provide skill-reinforcement and support to participants as they navigate life challenges from disfiguring trauma.

**Community**

Our retreats’ impact continues throughout the year. Participants receive specific resources, reinforcement of skills and tools learned at our retreats, and inspirational messages while strengthening friendships and connections to facilitate their healing path.

**Research Results**

Results from our ongoing research demonstrate that after participating in Angel Faces retreats, adolescent girls and young women experience the following favorable psycho-social adjustments:

- Increase in Hope
- Decrease in Depressive Symptoms
- Increase in Quality of Life

“Thank you so much. How can I express to you my gratitude? I look at my life completely different now.” A.H., age 15

“Angel Faces has changed my life so much and I wouldn’t be the person I am today if it wasn’t for what I learned there.” A.R., age 21

“Attending the retreat opened my heart and gave me new insights and perspectives.” L.H., age 17